

# Yuletide Aikido Seminar

Enighet, Malmö

6-8 December 2013

JORMA LYLY

JAN NEVELIUS

STEFAN STENUDD



## Friday 6 December

18.30-19.20 aikido

19.30-20.10 aikido

20.20-21.00 aikido

## Saturday 7 December

11.00-12.00 bokken/jo

12.15-13.15 aikido

13.45-14.45 aikido

15.00-16.30 dan grading

19.00- dinner

## Sunday 8 December

10.30-11.15 aikido

11.30-12.15 aikido

12.30-13.15 aikido



GAK Enighet, Fagerstagatan 1, Malmö, Sweden 040-19 22 60, enighet.se

Fee: SEK 500, or SEK 300/day.

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[www.budo.net/Enighet/](http://www.budo.net/Enighet/)